

Dawn Stremel, MA, LMFT
Licensed Marriage and Family Therapist
611 Columbia St. NW, Suite "2A"
Olympia, WA 98501 360-705-1492
www.dawnstremel.com

ADULT QUESTIONNAIRE

Today's date: _____

Name: _____ Gender: _____ Age: _____ Birthdate: _____
Address: _____ City: _____ Zip Code: _____
Home Phone Number: _____ Cell Number: _____
Work Number: _____ Ok to leave messages at these numbers? _____

Occupation/Place of Employment: _____
Insurance (Name, Group #, Individual #): _____
Responsible party, if other than yourself: _____
Relationship to you: _____

____ Single ____ Married; how long? ____ ____ Coupled, not married; how long ____
____ Separated; how long? ____ ____ Divorced ____ Widowed
Any previous marriages? _____

Current spouse or partner: _____ Age: _____ Birthdate: _____
Employer: _____ Insurance: _____

Children: _____ Age: _____ Grade/School: _____
_____ Age: _____ Grade/School: _____
_____ Age: _____ Grade/School: _____
_____ Age: _____ Grade/School: _____

1. Please describe any prior therapy you have received, including name(s) of therapist, nature of problem, dates of attendance:

2. Please describe the present problem(s):

3. What are your goals for seeking treatment at this time?

4. Please describe any health problems:

Do you smoke: _____ If so, how much a day/week? _____

Do you use recreational drugs: _____ If so, what kind and how often do you use?

Do you use alcohol? _____ If so, how much a day/week?

Ever attended outpatient chemical dependency treatment? _____ If so, when? _____

Ever attended inpatient chemical dependency treatment? _____ If so, when? _____

Any pending legal issues? _____

Sleep issues? _____ Please describe: _____

Appetite/weight issues? _____ Please describe: _____

Current physician (name and phone): _____

List all current medications, including dosage, when you take, how long you have been taking it, and what condition the medication was prescribed to treat:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Anything else you'd like to share?