

CRISIS INFORMATION

Life threatening emergency: Dial 911 (Police/Medic One)

Crisis Clinic (Thurston & Mason Counties): **360-586-2800**

The Crisis Clinic has been offering help in times of need at no cost, 24 hours a day, to everyone in Thurston & Mason Counties since 1972. They are there to listen non-judgmentally and offer emotional support and any appropriate resources their callers might need.

Youth Help Line: **360-586-2877**

Washington Information Network: **Dial 211**

Washington Information Network is dedicated to creating a linked, comprehensive Information and Referral service for Washington State. Specialists work with callers to assess their needs, determine their options and best course of action, then direct them to appropriate programs/services, provide culturally appropriate support, intervene in crisis situations, and advocate for the caller as needed. (Rent assistance, counseling & support groups, food & clothing, donations, transportation, emergency shelter, etc.). **Toll Free: 877-246-1915**

Crisis Clinic – Grays Harbor: **360-592-HELP (4357)** (For Hoquiam area)
800-685-6556 (East County and outside)

Crisis Resolution Services-BHR (Behavioral Health Resources)
360-754-1338 or 800-270-0041

A 24-hour telephone and face-to-face outreach for mental health emergencies, providing services ranging from crisis intervention to involuntary detention.

Providence St. Peter Hospital

Outpatient Psychiatric Services (older adult services only): **360-493-7060**

Behavioral Health Resources

Thurston County: 360-704-7170 or 800-825-4820

Mason County: 360-426-1696

Grays Harbor County; Hoquiam: 360-532-8630 or 800-654-3837

Elma: 360-482-5358

Domestic Violence Resources

Olympia Safe Place Women's Shelter: www.safeplaceolympia.org

Crisis: 360-754-6300 TTY 360-943-6703

General business line/info: 360-786-8754 TTY 360-753-8700

Washington State Coalition of Sexual Assault Programs: www.wcsap.org

Washington State Coalition against Domestic Violence: www.wscadv.org

Thurston County Criminal Justice Victim Safety & Offender Accountability Audit:

www.co.thurston.wa.us/pao/

Washington Domestic Violence Resources: www.aardvarc.org

Washington Violence Against Women: wavanet.org