



Dawn E. Stremel, MA Psychology, MA Education

WA State Licensed Marriage & Family Therapist #LF60101265

WA State Teaching Certificate: #264945G K-12 Music, K-12 Instrumental Music

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Education

Antioch University Seattle, Master of Arts in Psychology: Child, Couple, & Family Therapy, June, 2007, Advisor: Dr. Paul David, Case consultation supervisor: Dr. Carol Stanley.

Ph.D. student, The Fielding Institute, Santa Barbara, CA (***Human Organizational Development & Adult Development***), 40 credits earned, 1994-1998. Mentor/Advisor: Dr. Don Bushnell.

Master of Arts, Antioch University Seattle, December 1988, ***Educational Leadership***. Mentors/Advisors: Lylburn Layer, Dr. Bev Forbes, & Dr. Lois LaShell.

Bachelor of Arts, University of Washington, Seattle, June 1984, ***Music***, Cum Laude. Advisor/Mentor: Roy Cummings.

Bachelor of Music, University of Washington, Seattle, June 1984, ***Music Education***, Cum Laude. Advisor/Mentor: Dr. Barbara Lundquist.

Clinical/Therapy Experience

Adult, Child, & Family Therapist, Full-time Private Practice: Olympia, WA, 2008 - current.

Washington State Approved Supervisor, Olympia, WA, 2009 - current.

American Association of Family Therapists (AAMFT) Approved Supervisor, 2019 – current.

Volunteer Family Therapist, The Soldiers Project, Pro Bono services, Olympia, WA, 2007-2015.

Volunteer Therapist and Clinical Supervisor, Mental Health Access Program, Olympia Free Clinic, Olympia, WA, December 2016-March 2018.

Collaborating Investigator DSM-5 Field Trials in Clinical Practice, American Psychiatric Association, 2011-2012.

Adult Therapist, Valley View Medical Clinic, GA-U Services, Chehalis. WA. April 2010-September 2010.

Adult Therapist, Greater Lakes Mental Healthcare Therapy Services; serving adults & couples, GA-U Pilot Project Level II Therapist: November 2007 to August 2008, full-time.

Adult Therapist, Greater Lakes Mental Healthcare Therapy Services; serving adults, couples, and families: March 2007 to October 2007, part-time.

Clinical Intern in Child and Family Therapy Services, Greater Lakes Mental Healthcare, Lakewood, WA: April 2006 to June 2007 (5 academic quarters).

Other Teaching/Work Experience

Pacific Lutheran University, Tacoma, WA. **Adjunct faculty member**, School of Music, Assessing and evaluating student teachers in Instrumental Music. Fall 2005 to 2014.

Studio Musician and Private Instructor, Olympia, WA, 1977-2014.

Board Member, Puget Sound Youth Wind Ensemble, 6/2003 to 6/2005, founding member, Non-profit arts organization, King County, WA.

Mt. Baker Middle School: Auburn School District, **1999 to 2004**.

Classroom Teacher & Director of Bands. Responsibilities include: 8th Grade Advanced Band, 7th Grade Beginning Band, 7th Grade Intermediate Band, 6th Grade Beginning Band, 6th Grade Intermediate Band, 5th Grade Beginning Band, two Zero period Jazz Bands (multi grade level), 6th Grade Survey of Music Class, 7th Grade Survey of Music Class, High School Marching Band brass coach, Designed and taught 7th Grade Special Education Music Class, *served on **building Curriculum and Instruction team**, served on **district Staff Development team**, and served on*

district Music Curriculum Review and Adoption Committee. Trained & supervised student teachers. Retired to pursue full-time graduate studies. Served approximately 300 music students a year.

Lakeridge Junior High School: Sumner School District, **1989-1999.**

Classroom Teacher & Director of Bands. Responsibilities included: 9th Grade Symphonic Band, Concert Band, Cadet Band, Beginning Band, instituting and teaching a daily multi-grade level Jazz Band, Beginning 5th Grade Band, Intermediate 6th Grade Band, Marching Band, designed and taught a multi-grade Service Leadership Course, 8th Grade English, member of ***faculty Strategic Planning Committee, Staff Professional Development facilitator and instructor, District Music Curriculum member and writer, district interview team member.*** Trained & supervised three student teachers. Served approximately 300 music students a year. Adjudicator for several area Band and Solo & Ensemble Contests.

Volunteer: Greater Lakes Mental Healthcare; Adult, Elder, & Residential Services, Child and Family Services, current; Civilian Corps, Thurston County, Senior Citizen Outreach; Thurston County Big Brother Big Sister Organization; Classroom volunteer: Sumner Schools & Federal Way Public Schools; Habitat for Humanity.

Seattle Pacific University, Seattle, Designed and taught a college graduate level course for teachers entitled “Enriching Cognitive Development: Learning How to Learn,” 1992.

Mercer Island High School and Islander Middle School: Mercer Island School District, **1987-1989,** ***Assistant Director of Bands.*** Responsibilities included: all elementary school bands, all middle school bands, and all high school bands. (Concert Band, Marching Band, Jazz Band).

Mc Knight Middle School: Renton School District, **1985-1987,** ***Director of Bands.*** Responsibilities included: Two 5th Grade Beginning Bands, two 6th Grade Intermediate Bands, three middle school bands, two middle school orchestras, and middle school Jazz Band.

Related Employment

Instructor of Trumpet, 1984 - 1988, University of Washington Continuing Education Program, Seattle, Washington.

Educational Consultant, 1987 - 1990, Seattle Washington. Individualized academic tutoring and instruction, study skills, and learning and motivation assistance. Specialist training and presentation to several school districts in music and learning styles.

Professional Musician, 1975 - 2015. Full time and part time professional performance experience with Seattle Symphony Orchestra, Seattle Opera Orchestra, Seattle Philharmonic Orchestra, Seattle Pro Musica, Northwest Chamber Orchestra, Seattle Concert Band, Seattle Brass Ensemble, Yakima Symphony Orchestra, Olympia Symphony Orchestra, several pick-up orchestras and brass ensembles in the Puget Sound area, and professional Baroque Music recitalist in the Seattle area (Trumpet).

Honors and Awards

KCTS Golden Apple Award Nominee and Honors, 2002.

Who’s Who in American Education Recognition Awards, 2004, 1998, 1996, 1994.

Distinguished Faculty Teaching Award & Scholarship, Lakeridge Junior High School, Sumner School District, 1996.

Washington State Excellence in Education Award: The Christa McAuliffe Award for Outstanding Teachers, 1991.

Fuller Foundation Scholarship in Music Education: The University of Washington, Seattle, Washington, 1983 and 1982.

The Charlotte Brechemin Distinguished Musician Scholarship in Trumpet Performance: University of Washington School of Music, Seattle, Washington, 1981 and 1979.

Distinguished Musician Awards: Several awards granted by such foundations and organizations as: The United States Marines Education Foundation, the Washington State Rotary Foundation, the Washington State Music Educator's Association State soloist winner, South Puget Sound League Solo & Ensemble Contest winner, Seattle Young Artists Festival Foundation awards, and the John Philip Sousa Band Award.

Publications ***Committee Member, Washington State Commission on Student Learning;*** Subject Area

Presentations Committee, Fine Arts, 1994, Olympia, Washington.

School Board Presentations: Several music related presentations to the Auburn School Board and several formal presentations to the Sumner School Board on topics such as: Current Trends in Educational Research, Professional Training and Development in Education, and the Importance of Fine Arts in Education, 1989 to 2004.

Guest Speaker: Seattle University Educational Leadership Program, "Women as Transformational Leaders," 1992, 1993, and 1999. Pacific Lutheran University School of Music, "Teaching and Leading in the Field of Music Education," 1999.

Staff Development Coordinator: Presented and coordinated a yearlong series of in-service training on the topic of Multiple Intelligences in the classroom 1993-1994, Sumner, WA.

Staff Coordinator: Designed and facilitated the following staff development seminars and workshops: Professional Development Portfolios, Graduate Interns in Teaching Seminars, Enhancing Student Motivation, Arts Integration, Great Teacher Dialogues, Gender Study Issues, and Collegial Mentors.

Presenter: National Multiple Intelligences Conference, Seattle, Washington, 1994.

Publications: I have written several unpublished scholarly works that I have shared with professional colleagues and teachers on topics such as: An Overview of Learning Adulthood: A Transformative Journey, Adult Learning and Motivation: Capturing the Attention of Professional Educators, Lifespan Human Development, An Evolution of Thinking About the Human Brain, Adults as Learners, Adult Development, Learning Strategies for the 21st Century, An Overview of Learning Styles, Leadership Styles, and Developing Thinking Skills Through Music. In addition, I have designed and written several classroom instruction manuals and textbooks for instrument music and the teaching of music theory and rhythm. I have written and arranged over 50 works for concert band, pep band, jazz band, and small chamber groups and have written three full methods for Band. Additionally, I authored and piloted a three-level book on rhythm and counting entitled: "Down for the Count."

Professional Organizations American Counseling Association, American Association of Marriage and Family Therapy, Washington Association of Marriage and Family Therapy, American Psychological Association.

References ***Kathleen O'Shaunessy, Ph.D.,*** Clinical Psychologist, Consultant, 360-943-0489
Carol Stanley, Ph.D., Antioch University Seattle Professor, Therapist, 425-271-0986
Laura Severtson, L.M.H.C., C.M.H.C., Supervisor Greater Lakes Mental Healthcare, 253-620-5019
Tre Normoyle, Ph.D., Director of Clinical and Behavioral Health Services, Valley View Health Center, Chehalis, WA, 360-330-9598.